

NAME _____

PHONE _____



March 2022



Freehold Township Senior Center

732-294-2029

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1 AEROBICS 10:30 AM — MAHJONG 10:30—2:00	2 MAHJONG 10:30 - 2:00 STRONG BONES 11:00 A M POKER 12-2	3 LINE DANCING 10:30 AM — MAHJONG 10:30 - 2:00	4 YOGA 11:00 AM	5
6  9am - 4pm →	7 PILATES 9:30 AM — ZUMBA 10:30 AM	8 AEROBICS 10:30 AM — MAHJONG 10:30—2:00	9 MAHJONG 10:30 - 2:00 STRONG BONES 11:00 A M POKER 12-2	10 LINE DANCING 10:30 AM — MAHJONG 10:30 - 2:00	11 YOGA 11:00 AM	12
13  Daylight Savings Time Begins	14 PILATES 9:30 AM — ZUMBA 10:30 AM	15 AEROBICS 10:30 AM — MAHJONG 10:30—2:00	16 MAHJONG 10:30 - 2:00 STRONG BONES 11:00 A M POKER 12-2	17 LINE DANCING 10:30 AM — MAHJONG 10:30 - 2:00	18 YOGA 11:00 AM	19
20  Spring Begins	21 PILATES 9:30 AM — ZUMBA 10:30 AM	22 TAI CHI / BALANCE 9:30 AM AEROBICS 10:30 AM MAHJONG 10:30 - 2:00 BOOK CLUB 12:30 PM	23 MAHJONG 10:30 - 2:00 STRONG BONES 11:00 A M POKER 12-2	24 LINE DANCING 10:30 AM — MAHJONG 10:30 - 2:00	25 YOGA 11:00 AM — Bingo w/ Wedgewood Gardens 12:30	26
27	28 PILATES 9:30 AM — ZUMBA 10:30 AM	29 AEROBICS 10:30 AM — MAHJONG 10:30—2:00	30 MAHJONG 10:30 - 2:00 STRONG BONES 11:00 A M POKER 12-2	31 LINE DANCING 10:30 AM — MAHJONG 10:30 - 2:00		